

JAC 2025

PROGRAMME



15 - 17 JANUARY 2025
SHERATON PORTO HOTEL

atualizacaocardiovascular.pt

Preliminary Programme

Wednesday – 15th January

15:00

MY PATIENT COMPLAINS OF PALPITATIONS: HOW SHOULD I INVESTIGATE AND WHEN TO REFER TO A CARDIOLOGIST? – Rui Lima

15:30

PRACTICAL QUESTIONS/QUICK ANSWERS

ATRIAL FIBRILLATION: RHYTHM OR RATE CONTROL? HOW TO DECIDE AND IMPLEMENT? – Fernando Sá

- PERIOPERATIVE ANTICOAGULATION: SHOULD I STOP ANTICOAGULANTS OR ANTIPLATELETS? FOR WHOM, WHEN, AND HOW? – Gustavo P. Morais

- FAMILIAL DYSLIPIDEMIAS: WHEN TO SUSPECT AND HOW TO MANAGE? – Eduardo Vilela

- ERECTILE DYSFUNCTION AND CARDIOVASCULAR RISK: SHOULD I SCREEN FOR CARDIOVASCULAR DISEASE? CAN I PRESCRIBE PDE5 INHIBITORS? – Nuno Louro

16:30

INDUSTRY SPONSORED SYMPOSIUM

16:30

COFFEE-BREAK

17:00

FLASH CARDIOLOGY UPDATE: ESSENTIAL CLINICAL STUDIES OF 2024 THAT CANNOT BE IGNORED – Mário Santos

17:30

HALLWAY DISCUSSIONS 1



Thursday – 16th January

09:00

URGENT CARDIAC CONDITIONS IN PRIMARY CARE: WHAT SHOULD (OR SHOULD NOT) BE REFERRED TO THE EMERGENCY DEPARTMENT? – **Paula Dias**

09:30

ECHOCARDIOGRAM REPORTS: WHAT ARE THE KEY FINDINGS TO PRIORITIZE?
– **Francisco Sampaio**

10:00

INDUSTRY SPONSORED SYMPOSIUM

10:45

COFFEE BREAK

11:15

CHALLENGES IN DAILY CLINICAL PRACTICE
Chair: **Maria Júlia Maciel**

12:00

OPENING SESSION

AORTIC DISEASE: PRACTICAL TIPS FOR DIAGNOSIS AND FOLLOW-UP
– **José Rodríguez Palomares**

12:45 LUNCH

14:30

INDUSTRY SPONSORED SYMPOSIUM

15:15

INDUSTRY SPONSORED SYMPOSIUM

16:00

SMOKING CESSATION: PRACTICAL SUGGESTIONS FOR SUCCESS – **Daniel Coutinho**

16:30

COFFEE BREAK

17:00

HEART FAILURE UPDATE 2025 – **Joana Pimenta**

17:30

CLINICAL CASES 1

18:15

HALLWAY DISCUSSIONS 2



Fridau – 17th January

09:00

**CHEST PAIN IN PRIMARY CARE: HOW TO EVALUATE AND MANAGE? –
Ricardo Ladeiras Lopes**

09:30

**METABOLIC SYNDROME AND DIABETES: DIAGNOSIS AND MANAGEMENT IN
2025 – João Neves**

10:00

**HYPERTENSION IN 2025: KEY MESSAGES FROM THE LATEST EUROPEAN
GUIDELINES – Rosa Pinho**

10:30

COFFEE-BREAK

11:00

INDUSTRY SPONSORED SYMPOSIUM

11:45

CLINICA CASES 2

12:30

HIGHLIGHTS: JAC 2024 summarized in 10 minutes

12:45

AWARDS CEREMONY

13:00

HALLWAY DISCUSSIONS 3

